



Tuscaloosa County PARA Climbing Wall Rules & Release of Liability and Waiver

(Please Note: this is a summary and not necessarily comprehensive)

The following policies have been established by Tuscaloosa County Park & Recreation Authority hereinafter referred to as TCPARA to ensure the fair and consistent treatment of all participants. TCPARA reserves the right to suspend the privileges of any individual who fails to comply with staff directives.

- All TCPARA general policies must be observed.
- All participants must read and understand the climbing rules. All participants are required to sign a policies and waiver form before being allowed to climb.
- TCPARA climbing staff must be present in order for members to climb on the Climbing Tower.
- The following dress code is strictly enforced:
 - All climbers must wear a shirt while climbing/bouldering.
 - All climbers must have a spotter while climbing.
 - Immediately clear the slide area after exiting the slide.
 - Climbers must wear climbing shoes. Boots, sandals, hard-soled shoes or bare feet are not permitted.
 - All hand jewelry or long necklaces must be removed. Hair must be tied back when necessary.
 - The following personal climbing gear is permitted: harness, climbing shoes, helmet, and chalk bag (no loose chalk). TCPARA is not responsible for checking personal climbing gear before use.
 - All pockets must be free of items (e.g., coins, keys, knives, cell phones, etc.).
- Climbers must be at least 5 years of age and able to fit into a child harness. Please Note: Minors (Climbers 18 years of age and younger) must have a parent's or legal guardian's signature on all forms. Climbers 13 years of age and younger must have adult supervision at all times.
- The following are prohibited in the climbing wall area:
 - Swinging or jumping on ropes.
 - Climbing under another climber.
 - Climbing into a position where you will be eye level or higher with top anchors.
 - Food or beverage, with the exception of water in a non-breakable bottle with a lid.
 - Leaving personal belongings in the climbing wall area. Personal belongings must be kept in lockers.
 - Excessive noise. Noise must be controlled for proper safety communication.
 - Stepping on ropes and dropping/tossing carabiners or belay devices.
- TCPARA requests that participants do not step under an active climber.
- Please report any unsafe wall conditions to TCPARA climbing staff immediately.
- Immediately report any injury to TCPARA climbing staff.
- The numbers of climbers at any one time may be limited to ensure proper supervision. Climbing wall staff may limit individual wall time if climbers are waiting.
- The TCPARA climbing staff reserves the right to refuse wall access for the following reasons including, but not limited to:
 - Individuals attempting to climb dangerously.
 - Individuals suspected of recent alcohol or other drug use.
 - Individuals who attempt to climb with unsafe or unacceptable climbing gear.
- To boulder, all climbing wall policies must be followed with the exception of the ability to belay. The following policies are specific to the use of the bouldering area.
 - TCPARA highly recommends the use of spotters while bouldering. It is encouraged to ask the TCPARA climbing staff about proper spotting techniques.
 - Crash pads should be properly place, if used, by the climber or spotter below an active climber
 - The climber may not boulder above or below any other climbers.
 - Only the TCPARA climbing staff may switch holds if/when necessary.
 - Be safe, be creative, have fun!

Warning: Indoor climbing does not adequately prepare anyone for the greater hazards one may meet when climbing outdoors. Climbing outdoors requires additional skills.

(Continued on reverse side)

Tuscaloosa County PARA

Release of Liability and Waiver

1. Warning: By signing this agreement, you give up all rights you may have to recover compensation through the courts or otherwise, for any personal injuries or damage to your property arising out of your using the facilities of the Tuscaloosa County Park & Recreation Authority hereinafter referred to as TCPARA and/or out of your observing or participating in the activities sponsored by TCPARA, even if your injuries or damages are caused by the negligence of the person(s) being released. You will be assuming responsibility for all risks, whether foreseeable or not, connected with your presence at the facilities or activities of TCPARA. Be sure that you have read and understood this agreement before signing it.

2. I understand and acknowledge that sport climbing activities have inherent dangers that no amount of care, caution, instruction or expertise can eliminate, including but not limited to injuries or death resulting from failure or negligent misuse of the facilities, climbing walls or equipment of TCPARA; injuries resulting from slips, trips, or falls while observing or participating in the activities sponsored by TCPARA, including but not limited to, injuries incurred while using the climbing walls, the bouldering area, or the floor below the climbing walls; injuries resulting from the fall of other persons who may come in contact with me or from any falls in which I come in contact with other persons, the artificial walls or the floor; injuries resulting from climbing on, or falling off, loose and/or damaged artificial holds, the artificial climbing surfaces and structures, nor the failure of any of the above; injuries resulting from my own negligence or the negligence of TCPARA employees in giving adequate warning and instruction.

3. I understand that indoor artificial rock climbing in no way prepares me to climb on natural rock. I further understand the importance of receiving proper outdoor instruction before pursuing outdoor climbing activities.

4. My participation in this activity is voluntary, and I elect to participate in spite of the said risks to my property and myself.

5. I hereby release and discharge the TCPARA, the designers and engineers, manufacturers, installers or distributors of the artificial walls, all staff members, facilities or equipment of TCPARA from any and all claims and liabilities arising out of any negligence whatsoever which causes injury to me or to my property, or which cause my death, while I am observing and/or participating in activities sponsored by TCPARA, or while I am using the facilities of TCPARA.

6. I have read and understand all rules of the TCPARA Rock Climbing Wall and agree to this Release of Liability and Waiver.

Printed Name _____

Signature of Participant whose printed name appears above: _____ Date: _____

OR

I, (printed name) _____, am the parent or legal guardian of the below participant,

(printed name of participant) _____.

(printed name of participant) _____.

(printed name of participant) _____.

(printed name of participant) _____.

(printed name of participant) _____.

(printed name of participant) _____.

I have read and I understand the provisions of this document, and acting on behalf of the participant, I consent to the participant taking part in the activities described above, and I fully enter into and agree to the above Release from Responsibility, Assumption of Risk, and Waiver.

Signature of Parent or Legal Guardian: _____ Date: _____